



May/June 2026 Newsletter



JOIN OR RENEW YOUR MEMBERSHIP



Support Your Courts • Meet Great People • Be Part of the Fun



Membership Period: July 1 – June 30



Annual Dues: \$20 (Now)



Increases to \$25 starting July 1, 2026

STATIC vs. DYNAMIC STRETCHING

— WHAT EVERY PICKLEBALL PLAYER SHOULD KNOW —



DYNAMIC STRETCHING (BEFORE PLAY)

Get your body ready for action

- ✓ Increases blood flow
- ✓ Improves mobility & balance
- ✓ Prepares muscles for quick reactions



STATIC STRETCHING (AFTER PLAY)

Help your body recover

- ✓ Reduces muscle tightness & soreness
- ✓ Improves flexibility
- ✓ Aids recovery

It's Happening!

DUPR Solo Round Robin, Plaza Park, brought to you by A-Train & Pickleball Visalia.

May 2nd. 9:00am – 12:00pm. Entry Fee: \$30.

Find out what your DUPR rating is or improve it!

Sign up here>



CPR Training, May 6th, 2026, 10:00am, Plaza Park – East of the Pickleball Courts.

Conducted by Dave Satterlee, Owner & Founder, Save-a-Life Training Center, Visalia, CA.

Gain confidence in emergencies, Learn Life-saving CPR skills.

Free event open to all players. Sign Up Today PBVis.org >Events>CPR

Mini Skills Clinic, May 7th, 2026, 7:00-8:00pm, Plaza Park Pickleball Courts. Instructors and advanced players will showcase skills, teach shots, and give you tips to elevate your game.

Players will rotate every 15 minutes; each court features a different skill. Don't miss this opportunity to improve your skills and have a great night on the courts!

Free Event for Pickleball Visalia Club Members Only. Sign Up Today PBVis.org >Events>Mini Skills Clinic

Club Members Meeting, May 14th, 2026, 6:30pm, Plaza Park east of the Pickleball Courts. Agenda includes: Bylaw Updates, suggested changes and updates will be reviewed.


Nominating Committee Presentation of candidates for steering committee positions.

Election Information, Important details about the upcoming election process and timing.

Stay Involved. Stay Informed.

Sign Up Today PBVIS.org>Events>Club Meeting

COURT CLEANING VOLUNTEERS NEEDED!

Hey Pickleball Visalia crew — we need a few court heroes 



WHEN DO WE CLEAN?

Thursdays around 12:00 PM

We clean a couple of courts at a time

during lower traffic hours —

so not all courts are closed at once.



WHO ARE WE LOOKING FOR

Can you give a couple of hours on a

Thursday afternoon once or twice a

month? No lifetime contract.

No signing in blood.

The Plan: We're building 3 rotating teams of 3 people

Call or text **Bill Roache** 559-901-7500



LET'S KEEP OUR COURTS GAME-READY! 

Tips and Tricks

You can legally add spin to a serve using your paddle at contact, but you cannot use your hand to pre-spin or manipulate the ball during the release.



While a popular legend claims the sport was named after the dog, Pickles, a cocker spaniel, The dog was born in 1968, three years after the game was invented.



Stay Hydrated, Stay Sharp 

Pickleball Courts Coming to Visalia

4 New Courts at Recreation Park: Engineering Dept. is still working on the design. Stay tuned....hopefully an update will be coming soon.

4 Courts at the new park between South Lovers Lane and RD 148, just south of East Cherry Ave seems to be on hold. City Council didn't approve the plans that were submitted; new plans will be going back to Council next month.

Plaza Park Court Resurfacing: originally planned for spring 2026....hopefully an update will be coming soon.

Dill Dinkers, the new indoor facility located at 700 S. Bridge St. (formerly Johnny George's American Pickleball) will open Late Summer 2026.

Three Rivers Golf Course, 3-5 courts coming 2027.

Happy Birthday Wishes to our March/April Players

May

Hannah Dunn	01	Andrew Kennedy	23	Peter Herrera	10
Jonah Andrews	01	Ronita Howell	22	Sylvia Vincent	10
Andre Agassi	03	Kaylee Arellano	24	Lori Fishbough	13
Ondria Mello	03	Mark McAlister	26	Ron Hollis	13
Sonia Colgan	06	Sheldon Qualls	28	Debbie Priest	15
Pati Gonzales-Dias	07	Julio Alaniz	28	Kirk Sorensen	17
Rosalie Stephens	07	Joan Dallin	29	Laura Hidrobo	18
Jennie Wynn	09	Gary Edde	29	Matt Thornblad	21
Christian Parker	09	Melissa Gonzales	31	Marnie Salas	20
Michelle Barnes	09	JUNE		Andrea Anthony	20
Michelle Moya	11	Joel Arjona	03	Michael Gil	22
Teresa Brown	12	Kyim Mung	03	Derek McDonough	24
LaDonna Rivenbark	13	Meagan Howe	04	Rick Perryman	24
Kat Garcia	15	Alex Heredia	06	Susan Moffett	25
Theresa Dias	16	Cheryl Pemelton	07	Lis Curti	26
Judy Rhoades	16	Tabitha Goodwin	07	Tiffany Jesus	26
Noah Satterlee	17	Andy Salazar	07	Anita Venter	26
Johnny Arjona	18	Daniel Barnes	08	Steven Espinoza	27
James Hedgecoth	19	Shaun Enderson	09	Dennis Schelir	30



Member Spotlight



Meet Dave Satterlee, a true hometown hero both on and off the pickleball courts!

Dave is the Owner and Founder of Save-A-Life Training Center right here in Visalia, where he provides American Heart Association life-saving training to both healthcare providers and the general public. His passion for helping others doesn't stop there—he also serves as an EMS Program Specialist with American Ambulance of Visalia and brings years of experience as a former Senior Flight Medic. Talk about a résumé that saves lives!

When he's not teaching CPR or working in emergency services, Dave is all about family. He's been married to his wife Alisa for 33 years, and together they've raised three kids, including local pickleball player Noah. These days, he's also enjoying life as a proud grandparent to one adorable grandson, Leif.

Growing up on a lake, Dave developed a love for water sports, and he still enjoys being active outdoors. Lately, you'll most likely find him hitting the slopes—snow skiing has become his newest favorite hobby.

Professionally, Dave is currently part of the Three Rivers crew with American Ambulance, where he continues to serve the community while working toward retirement.

And here's a fun fact you might not know...

Dave absolutely HATES snakes. Like, really hates them. No thanks!

We're proud to have Dave as part of the Pickleball Visalia community—his dedication, experience, and heart for helping others make him a standout both on and off the court.

Next time you see Dave at the courts, be sure to say hi (just don't bring up snakes)!



Pickleball Visalia Steering Committee

Chair	Joyce Reed	General Officer	JC Chamberlain
Vice Chair	Bill Roache'	General Officer	Brent Winn
Secretary	Sarah Palmer	General Officer	Tony Fox